



CRITICAL THINKING SKILLS (2 DAYS)

A Specialised Kwelanga Training Programme

INTRODUCTION

In today's society, many people experience information overload. We are bombarded with messages to believe various ideas, purchase things, support causes, and lead our lifestyle in a particular way. How do you know what to believe? How do you separate the truth from the myths?

The answer lies in critical thinking skills. The ability to clearly reason through problems and to present arguments in a logical, compelling way has become a key skill for survival in today's world. This workshop will give you practical tools and hands-on experience with critical thinking and problem solving.

REFERENCES

"I learnt different ways of thinking critically which I am able to incorporate into my work. The brain gym exercises were excellent."

"The interactive and application activities, they really instilled the skills learnt and enabled adequate practice and application of learning material."

"The practical examples were very useful. Good techniques were in place to educate on Critical Thinking – framework definitions."

"The class was very interactive. The facilitator was clear and made it very interesting."

WHAT THIS COURSE CAN DO FOR YOU...

- Define critical and non-critical thinking
- Identify your critical thinking style(s), including areas of strength and improvement
- Describe other thinking styles, including left/right brain thinking and whole-brain thinking
- Work through the critical thinking process to build or analyse arguments
- Develop and evaluate explanations
- Improve key critical thinking skills, including active listening and questioning
- Use analytical thought systems and creative thinking techniques
- Prepare and present powerful arguments

TARGET AUDIENCE

Every individual requires this life-long skill whether in business decision making or in a private capacity. Confidence will grow from learning critical thinking skills and will empower and equip both the team member and managers to work with understanding, towards organisational goals.

COURSE CONTENT

Understanding Critical Thinking

- What is Critical Thinking?
- Characteristics of a Critical Thinker
- Common Critical Thinking Styles
- Making Connections

Where Do Other Types of Thinking Fit In?

- Left- and Right-Brain Thinking
- Whole-Brain Thinking

Pitfalls to Reasoned Decision Making

The Critical Thinking Process

- The Standards of Critical Thinking
- Identifying the Issues
- Identifying the Arguments
- Clarifying the Issues and Arguments
- Establishing Context
- Checking Credibility and Consistency
- Evaluating Arguments
- Case Study

A Critical Thinker's Skill Set

- Asking Questions
- Probing Techniques
- Pushing My Buttons
- Critical Thinking Questions
- Active Listening Skills

Creating Explanations

- Defining Explanations
- Steps to Building an Explanation
- Making Connections

Dealing with Assumptions

Common Sense

Critical and Creative Thought Systems

- Techniques for Thinking Creatively
- Creative Thinking Exercise
- DeBono's Thinking Hats

Putting it into Practice

- Presenting and Communicating Your Ideas to Others
- Pre-Assignment Preparation
- Presentations

Personal Accountability & Commitment Plan

TRAINING APPROACH

The primary objective of our training is to ensure that the knowledge acquired is applied successfully, adding real value and **making a visible difference to work performance** in the business environment. The courses have a strong focus on an outcomes based approach and are facilitated on a highly interactive basis encouraging active delegate participation using:

- Role plays
- Break-away sessions
- Relevant business exercises
- Presentation
- Demonstrations
- Questionnaires
- Discussion activities and
- Case studies

High emphasis is placed on learning through 'doing' where learners are presented with real life and workplace case studies ensuring delegates develop knowledge and confidence to take their enhanced skills back into the business environment and apply them successfully. The group leaders are trained to create a comfortable atmosphere where delegates can evaluate themselves and their skills, generate ideas and solutions to problems and plan suitable growth in the workplace.

POST COURSE ASSISTANCE

“Contact the Coach” – Bridging Learning for Business Results

We offer a continued learning relationship providing **FREE** access to post course support to embed the knowledge gained. Our advisors are subject matter experts in each area of specialisation.



Delegates can “Contact the Coach” for support, information or assistance with additional questions regarding the application of theory covered during the course.

Personal Accountability & Commitment Plan

Kwelanga is determined to promote and encourage accountability and behaviour change once delegates return to the work place. A Personal Accountability & Commitment Plan is therefore included in each course presented.

Facilitators will guide delegates through the recording of action plan items and will encourage them to show their Personal Post Course Accountability & Commitment Plan to their up-line on their return to work so accountability is created. This tool will also be useful for monthly one-on-one development discussions.

On-Line Knowledge Hub

All delegates attending Kwelanga Training courses have **FREE** access to post course on-line resources. Up-to-date, convenient and easily accessible information, relevant to the programme attended, is available. Tools include case studies, articles, exercises and other valuable information which will reinforce course content and assist in transferring knowledge and skills to the workplace.



OUR COMMITMENT TO YOU ...

Kwelanga Training's Commitment

*To develop and inspire each individual to be the best that they can be.
To assist clients in the transfer of skills and positive behaviour change.*

For more information contact us on:

Email: info@kwelangatraining.co.za

Johannesburg: +27 11 704 0720 | Cape Town: +27 21 683 4084

Durban: +27 31 266 2808 | Port Elizabeth: +27 41 368 1500

Website: www.kwelangatraining.co.za