



TEAM BUILDING WORKSHOP (1 DAY)

INTRODUCTION

Team building activities increase camaraderie, positive communication, idea sharing, raises morale, encourages bonding and is fun!

The effects of team building extend beyond the team in the workplace. It improves the ways in which employees engage with customers and develop strategies to promote products and services. Team building is therefore essential for the growth of any company.

It can be used at any time of the year – year-end to recognise achievements, beginning of the year to provide motivation for the new year or during the year to consolidate a team. This programme will unify your employees and involve everyone in personal and group awareness for continued success.

Delegates evaluate themselves for a better understanding, increasing motivation and positive behaviour. It will integrate and cement the team and consolidate a foundation of trust and team synergy. The workshop incorporates fun group activities, competition, individual diagnosis and facilitated feedback.

REFERENCES

“I enjoyed more interaction with my colleagues and working as a team on exercises given to us on the day.” ~ Gift Maihele (Makro)

“It opens my mind on how we should work as a team and have good communication.” ~ Scelo Sithole (Makro)

“It gave me a change to understand the team I am working work.” ~ Siyabonga Ndlovu (Peakers Operations)

WHAT THIS COURSE CAN DO FOR YOU...

- Improve understanding of team members
- Build trust and motivation
- Identify and understand individual personality and social styles
- Move out of comfort zones to develop self
- Identify the stage of the team and how to grow the team
- Become a winning team

TARGET AUDIENCE

The course is suitable for all levels of staff, teams and departments. Can be targeted at teams who require a fun intervention to maintain or build team spirit, need consolidation or motivation, teams that are not creating the required results or require input on becoming winning teams.

COURSE CONTENT

Icebreaker

- Fun activity to 'break the ice' and set a positive tone for the morning
- Do we really know each other?
- What are the perceptions we have built?
- How do we treat each other?

Building Team Trust and Motivation

- How have we been working as a team this year?
- Building team trust for effectiveness and productivity
- The importance of team work impacting positively on motivation

Identifying Individual Personalities and Social Styles

- Accepting ourselves and adapting to our team members
- Communicating and understanding each other
- Shifting style to deal with different personality types
- Adapting to others through improved understanding

Moving out of Your Comfort Zone

- Fun group activity with 'lots of laughter'

Team Development

- Where are we currently as a team and why?
- Stages of team development
- Importance of role definition
- Creating synergy, trust and respect

Continue Moving Forward - Become a Winning Team

- What does the team need? Individual/group activity
- Where to from here?
- Committing to enhance the team
- Set personal goals for improvement

Personal Accountability & Commitment Plan

TRAINING APPROACH

The primary objective of our training is to ensure that the knowledge acquired is applied successfully, adding real value and **making a visible difference to work performance** in the business environment. The courses have a strong focus on an outcomes based approach and are facilitated on a highly interactive basis encouraging active delegate participation using:

- Role-plays
- Break-away sessions
- Relevant business exercises
- Presentations
- Demonstrations
- Questionnaires
- Discussion activities and
- Case studies

High emphasis is placed on learning through ‘doing’ where learners are presented with real life and workplace case studies ensuring delegates develop knowledge and confidence to take their enhanced skills back into the business environment and apply them successfully. The group leaders are trained to create a comfortable atmosphere where delegates can evaluate themselves and their skills, generate ideas and solutions to problems and plan suitable growth in the workplace.

POST COURSE ASSISTANCE

“Contact the Coach” – Bridging Learning for Business Results

We offer a continued learning relationship providing **FREE** access to post course support to embed the knowledge gained. Our advisors are subject matter experts in each area of specialisation.

Delegates can “Contact the Coach” for support, information or assistance with additional questions regarding the application of theory covered during the course.



Personal Accountability & Commitment Plan

Kwelanga is determined to promote and encourage accountability and behaviour change once delegates return to the work place. A Personal Accountability & Commitment Plan is therefore included in each course presented.

Facilitators will guide delegates through the recording of action plan items and will encourage them to show their Personal Post Course Accountability & Commitment Plan to their up-line on their return to work so accountability is created. This tool will also be useful for monthly one-on-one development discussions.

KWELANGA BUSINESS & EXECUTIVE COACHING

Kwelanga Training now offers coaching on a one-to-one or team coaching basis. Issues covered are chosen by the organisation or the individual to ensure maximum focus is given to achieve measurable outcomes.

Coaching provided by certified professional business and executive coaches is key in transforming management and support staff's excellent performance to peak performance.

For further details contact:

Rose Gray

Business and Executive Coach (WITS Business School)

Tel: +27 11 704 0720

Email: rose@kwelangatraining.co.za