



## **YEAR END TEAM BUILDING WORKSHOP (1 DAY)**

### **INTRODUCTION**

Begin your end of year celebrations with this fun and interactive Team Building workshop to recognise achievements in 2017. The programme will unify your employees and involve everyone in personal and group awareness for continued success in the New Year.

Delegates evaluate themselves for a better understanding, increasing motivation and positive behaviour. It will integrate and cement the team and consolidate a foundation of trust and team synergy. The workshop incorporates fun group activities, a competition, individual diagnosis and facilitated feedback.

### **COURSE CONTENT**

#### **Icebreaker**

- Fun activity to 'break the ice' and set a positive tone for the morning
- Do we really know each other?
- What are the perceptions we have built?
- How do we treat each other?

#### **Building Team Trust and Motivation**

- How have we been working as a team this year?
- Building team trust for effectiveness and productivity
- The importance of team work impacting positively on motivation

#### **Identifying Individual Personalities and Social Styles**

- Accepting ourselves and adapting to our team members
- Communicating and understanding each other
- Shifting style to deal with different personality types
- Adapting to others through improved understanding

#### **Moving out of Your Comfort Zone**

- Fun group activity with 'lots of laughter'

## Team Development

- Where are we currently as a team and why?
- Stages of team development
- Importance of role definition
- Creating synergy, trust and respect

## Continue Moving Forward – Become a Winning Team

- What does the team need? Individual/group activity
- Where to from here?
- Committing to enhance the team
- Set personal goals for improvement

## Training Approach

Our team of expert trainers challenge delegates encouraging active participation through *role-plays, break-away sessions, relevant individual and group discussion and fun activities.*

Learners are kept focused and knowledge gained constantly reinforced. Group leaders create a comfortable atmosphere where delegates can evaluate themselves and their skills, generate ideas and plan suitable growth in the workplace. Delegates use the group's collective knowledge to explore issues they find relevant, while group leaders keep discussions appropriate and professional.

